Alternative Careers in Nursing

Assessment 3-2 Critical Event
Instructions: Answer as honestly as you can. Rate yourself from 0 to 6 on each question. A score of 0 means that the statement is never true for you; a score of 6 means that the statement is always true for you. Numerical scores of 1, 2, 3, 4, and 5 represent intermediate scores and are used of statements that are neither all true nor all false.

Statement	Score Never True Always True 0 1 2 3 4 5 6
1. I feel that my career is at a standstill.	
2. It bugs me that I must spend time at work on things I don't think are important.	
3. My chances for advancement in my present job are limited.	
4. I do not have the option to be creative in my present job.	
5. I want to make more money.	
6. I don't feel a sense of achievement in my work.	
7. My present job isn't fun anymore.	
8. I'm in a state of personal change now.	
9. My physical health or a disability has left me "unemployable" in the conventional sense.	
10. I have been fired, or I may be fired, or I may have to quite my present position.	
11. I want more independence that I have in my present role.	
12. I need more control over my work schedule.	
13. My last birthday was a "traumatic life event" (30, 40, 50 +).	
14. My attempt to balance work and personal roles is creating a high stress level for me.	

Scoring: Add your scores for the 14 statements. If you scored 65 or more points, you are probably enduring a life or work role that leaves you dissatisfied and unfulfilled. The likelihood of your changing to an entrepreneurial role is high. Any additional negative change in your life or job may provide the catalyst for this transition. If you scored 31 to 64, you may still be interested in a career change, but may be willing to wait before making a move. If you scored 0 to 30, your present life and work roles provide satisfaction. You may still want to be an entrepreneur, but you do not feel strongly compelled to do it now.